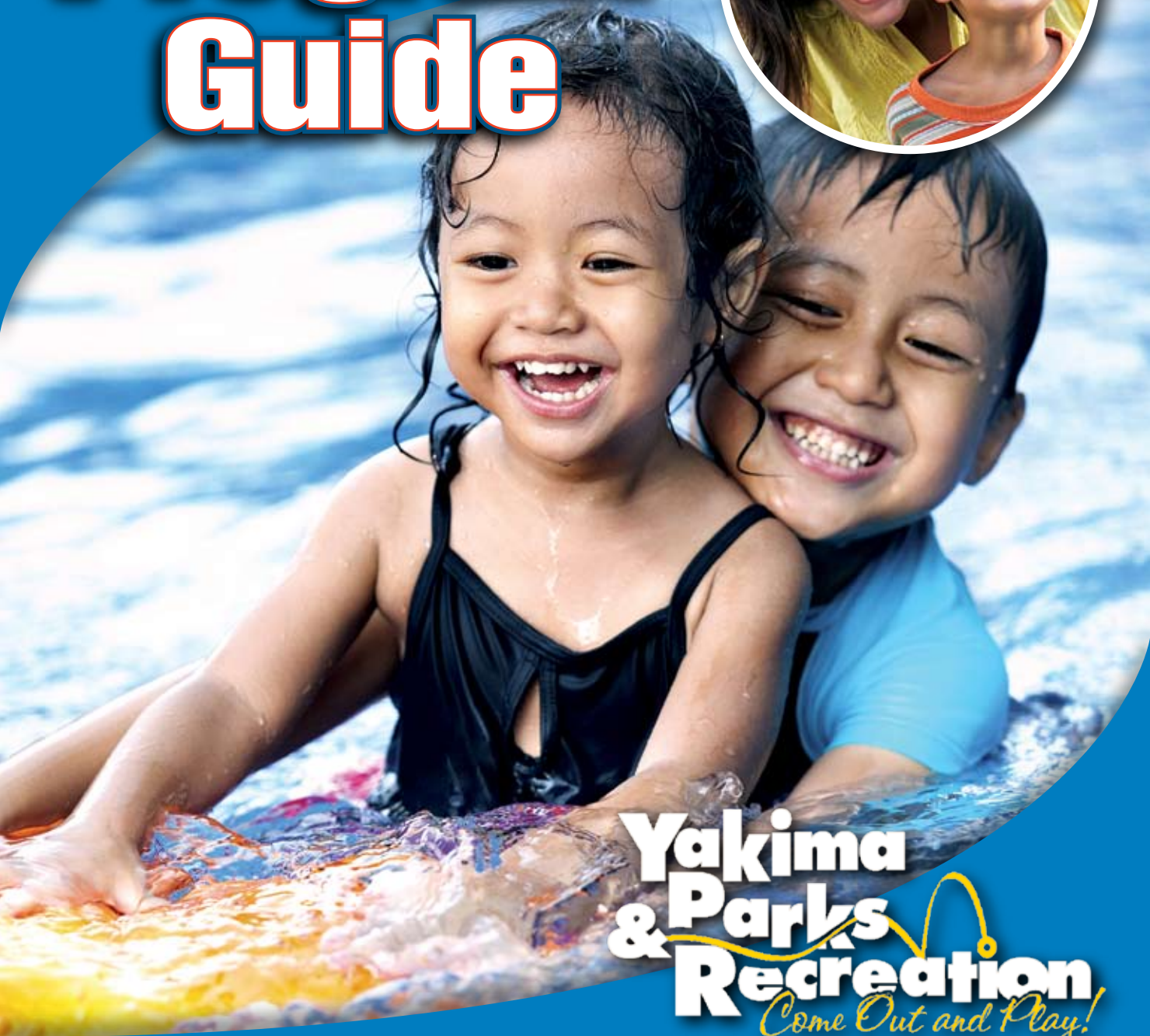


SUMMER 2012

Program Guide



**Yakima
& Parks
Recreation**
Come Out and Play!

2301 Fruitvale Blvd. Yakima, WA 98902 575.6020

Increase your quality of life!

Quality of life is something we often talk about, but what does that mean? I have a new understanding of it now. Last September I was fly fishing with a friend on the Naches River and catching fish. It was an awesome fall evening and I was having fun. I wanted to try another place in the river, but the pain in my hip prevented me from getting there. I knew right then that I had to have my hip replaced. I struggled with the decision—as some of you know, the choice to have joint replacement is not an easy one. Ultimately, I knew that to continue doing the things I love—adding to my “quality of life”—the old hip had to go. Plans were made, doctors seen, surgery scheduled and the hip was replaced. Ouch. Now I am doing my rehabilitation and getting back to doing fun outdoor activities again. I had no idea how much I enjoyed doing many things until I was unable to do them. Simply being able to wade to a better fishing spot in a river became very important and the inability to do so upset me. It will be a rough road, but very worth it in the end.

Our community-supported Kiwanis Park ball field project is wrapping up. Construction is scheduled for completion at the end of May and the fields will be ready for play in the spring of 2013. A grand opening and ribbon-cutting celebration is scheduled for September 22nd. I have been calling this project a “miracle.” The amazing participation from our community has been overwhelming—a great example of what we can do when working together towards one goal. The concession stand/restroom building was built entirely from funds provided by our Service Clubs (Lions, Rotary and Kiwanis)—no City of Yakima dollars were spent. The building cost is over \$300,000. What a great gift to our community! I feel so strongly about the tremendous partnership that brought this project to reality that it has been submitted to the National Recreation and Park Association for the 2012 National Partnership Award.

The Yakima Valley Disc (Frisbee) Golf Association approached the Parks and Recreation Commission about building a disc golf course in Randall Park. They are proposing to raise the money for the disc golf baskets and build the course at no cost to the City of Yakima. A grant from Yakima Legends Casino was also received for the project. The idea will be presented to the community for input.

Our 2012–2017 Parks and Recreation Comprehensive Plan is complete and has been accepted by the City Council and the State of Washington. Special thanks to City Planner, Joseph Calhoun, and the Parks and Recreation staff for the many hours worked on completing the plan—available on the City of Yakima website and a limited number of copies at Public Works. It includes the results of our community-wide scientific survey and will be our road map for the next 5–10 years.

Parks and Recreation professionals are in the Quality-of-Life business—the services we provide for this community adds greatly to everyone’s quality of life. We encourage you to get out there and do what you love to do for fun. Add to your quality of life! If golf is your thing, play more golf. If it’s walking in the park, then walk more. Soccer, softball, swimming, playing cards or dancing at the Harman Center—make it happen more often this summer and increase your quality of life. Don’t wait until you can’t do something you love to really appreciate it.

Ken Wilkinson,
Parks and Recreation Manager



Contact Us

If you have any questions about Parks and Recreation programs, call any of these numbers or e-mail us:

askparks@ci.yakima.wa.us

Aquatics Office	575-6046
Community Rec.	575-6020
Fisher Golf Course	575-6075
Parks & Rec. Office	575-6020
Harman Center	575-6166
Sports and Athletics.....	575-6020
Tahoma Cemetery	575-6026



The City of Yakima is committed to accommodating citizens with disabilities and special needs. Yakima Parks and Recreation will make reasonable efforts to ensure that programs are accessible. If you need assistance participating in our activities, please call us at (509) 575-6020.

Hablamos Español

Bienvenidos a parques y recreacion de Yakima. Llame al 575-6020 si desea informacion de los programas incluidos en este folleto traducida in Español.

Come Out and Play!

Aquatics.....4-5

Youth & Adult Recreation.....6-7

Youth Sports8

Adult Sports & Fitness9

Fisher Golf.....10-11

Harman Center.....12

City Parks.....13

Fine Print14

Registration.....15

Free Summer Fun.....16



Registration

Register now at Lions Pool for summer swim lessons for both Lions and Franklin.

Register in person or by phone.
No mail-in registration please.

Pay with cash, check, Visa or MasterCard.

Classes with fewer than three participants may be combined with another class or cancelled. If this happens, the Head Instructor will share options that are available.

Families registering multiple family members in the session time are eligible for a 20% discount on the third and each additional registration.

Learn-to-Swim Fees

\$37/\$30 resident discount

Semi-Private Lessons

\$96/\$80 resident discount

Placement Tests

Not sure of your child's skill level? Bring your swimmer to any open or recreational swim for a swim test. Staff will recommend an appropriate class level. It's FREE—unless your child chooses to participate in the session.

Group Swimming Lessons

Sign up as part of a group or day care. Swimmers will be divided into instructional groups that will work with their assigned instructors for the duration of the session. Maximum of 24 swimmers per time slot.
M-TH 9-9:25 or 9:30-9:55 a.m.

Teen/Adult Lessons

Learn or improve your swimming skills in the Lions Pool class for grown-ups. Then stay and practice what you've learned at the 11:30 Lap Swim.
M-TH 11-11:25 a.m.

Learn-to-Swim Sessions

Mornings M-TH

SESSION I June 11 – June 21
SESSION II June 25 – July 6
No class on 4th of July, make up on July 6
SESSION III July 9 – July 19
SESSION IV July 23 – August 2

Evening Lessons M/W

SESSION IV June 11 – July 2
** This is a 7 lesson session, no class July 4*
SESSION VI July 9 – August 1

Evening Lessons T/TH

SESSION VII June 12 – July 5
SESSION VIII July 10 – August 2

Children 6 months-3 years

Tiny Tots

This program is designed to be both fun and informative. Our instructors will work with you and your child to help them become more comfortable in the water. Tiny Tot lessons are designed to help prepare children for Preschool lessons.

Children 3-5 years

Preschool 1

Front Float
Back Float
Getting face wet/bobs
Jumping in the pool unassisted
Introduction to kicking

Preschool 2

Freestyle unassisted
Streamline
Jumping in and swimming unassisted
Retrieve objects from the bottom of the pool
Side bobs
Introduction to backstroke
Introduction to deep water

Children 6 years & older

Level 1

Front Float
Back Float
Getting face wet/bobs
Jumping in the pool unassisted
Introduction to kicking

Level 2

Freestyle unassisted
Streamline
Jumping in and swimming unassisted
Retrieve objects from the bottom of the pool
Side bobs
Introduction to backstroke
Introduction to deep water

Level 3

Backstroke refinement
Freestyle refinement w/side breathing
Diving basics
Introduction to dolphin kick
Elementary backstroke
Swimming strokes 30-40 feet

Level 4

Breaststroke
Freestyle with breathing 25 yds
Backstroke 25 yds
Elementary backstroke 25 yds
Dolphin kick refinement
Diving from the board

Level 5

Breaststroke refinement 50 yds
Backstroke 50 yds
Freestyle with side breathing 50 yds
Side stroke 25 yds
Butterfly 25 yds
Competitive approach and hurdle on diving board
Introduction to flip turns

Learn-to-Swim Schedule	Franklin, Sessions II-IV, M-Th, mornings		Lions, Sessions I-IV, M-Th, mornings		Lions, Sessions V-VI, M/W, evenings		Lions, Sessions VII-VIII, T/Th, evenings	
	Tiny Tots	10:00	11:00		6:30		6:30	
	Preschool 1	9:00, 10:30, 11:00	10, 11		6:30		7:00	
	Preschool 2	9:30, 10:30, 11, 11:30	10:30		7:30		7:00	
	Level 1	9:00, 9:30, 11:00	10, 10:30		7:00		7:00	
	Level 2	10:00, 11:30	10:30, 11		7:00		7:30	
	Level 3	9:30, 11:30	10, 11		8:00		6:30	
	Level 4		10:30		7:30		7:30	
	Level 5		10:00		8:00		8:00	
	Semi Private	8, 8:30	8, 8:30		6:00		6:00	
	Competitive Stroke	8:00	8:00					

Lions Pool

509 West Pine Street • Yakima 575-6046

Season: June 4–August 3, Open M–F

Closed 4th of July

Lions pool will be closed for annual maintenance August 4 – August 26

Recreational Swimming

1:30–3:00 p.m. M–TH

3:15–4:45 p.m. M–F

Lap Swims and Water Walking M-F

• 6–8:00 a.m. • 5–6:30 p.m.

• 11:30–1:00 p.m.

Instructional Programs

Classes are scheduled throughout the day.
Check page 4 for specific times.

Family Swims

Have a fun-filled time at Lions Pool. All children unable to swim must be accompanied in the water by an adult (one adult per three children).

1–3:00 p.m. Friday

Baby and Me Tots 6 months-3 years

A fun, interactive water play time for parents and their children.

10–11:00 a.m. T/TH

Preschool H2O Play

Bring your Preschooler for a non-instructed play time! Children must be within arms-reach of the parent. There must be one adult in the water for every three children.

10–11:00 a.m. T/TH

Funky Friday Nights (80's theme)

Attend a special recreational swim with special rates, loud 80's music and much much more!

7–8:30 p.m. Friday

*** Special rates apply**

Youth\$.50 Family\$3.25

Adult\$1.00 Honored Citizen.....\$.75

POOL FEES	General Admission	3-Month Pass	10-Punch Card
Youth	\$2	\$46	\$16
Adult	\$3.75	\$89	\$30
Family*	\$10	\$190	
Honored Citizen**	\$2.25	\$53	\$18.50

* Make swimming a family affair. Family rate includes up to two adult family members and four of their own children.

** The Honored Citizen is 62 years or older or is a Yakima Transit Honored Citizen State of Washington Handicapped Parking Placard (wallet card) holder, SSI Disabled, or active military with I.D.

Franklin Pool

2102 Tieton Drive • Yakima 575-6035

Season: June 13–August 26

Open 7 days a week

Visit our Snack Shack at Franklin, open daily.

Recreational Swimming M-F

• 12:30–3:30 p.m. • 4–7 p.m. • 7:15–9 p.m.

Saturdays & Sundays 12:30–4:30 p.m.

Lap Swim and Water Walking M-F

8 a.m.–12 p.m.

Instructional Programs

Classes are held 8 am–12 pm throughout the summer. Check page 4 for specific times.

Pool Rentals

Rent Franklin Pool for your celebration. For reservations, call Jason at 575-6046, or after June 13th, also at 575-6035.

5–7:00 p.m. Sa/Su

Fees: \$120 + tax for each additional 50 people up to a max of 500.

Fee applies to everyone who will be inside the fence whether they swim or not.

Splash'N Around **FREE**

Enjoy a safe and fun-filled environment that is free for all participants.

July 14, 1–4:00 p.m.

NEW for Franklin Pool!! We will be offering a discounted price for all people attending the evening recreation swims from 7:15–9:00 p.m. Bring your family and friends for a splashing good time at a great price. Fee: \$2.00 per participant.

NEW Pool Party Rental Area

Reserve your own special area at Franklin Pool for parties. Rental includes:

- 3 hrs of reserved use of a "FUNbrella"
- Picnic table
- Hotdogs, chips, and pop for each child
- 3 hrs of swimming during open recreational swim for up to 10 kids and 2 adults

Fee: \$125.00, additional children \$8.00 each up to 20 maximum, no party host included.

All regular pool rules apply during rentals.

To reserve, call Franklin, 575-6035.

Available Rental Times

Mon–Fri • 12:30–3:30 pm • 4–7:00 pm

• 7:15–9:00 pm

Sat & Sun • 12:30–4:30 pm

SPECIAL EVENTS

6th Annual PAWS IN THE POOL

On the last day of operation, Franklin Pool will open for a day of doggie swimming fun. Dogs need to follow their owner's rules and are free to do as they please. All breeds, shapes and sizes are welcome. **No aggressive dogs, please.** (No aggressive owners, either!) Dogs must be leashed until inside the pool area and must have current vaccinations. Donations accepted for the Humane Society.

Sunday, August 26 2-4:00 p.m.

Fee: Dogs swim free but their owners have to pay general admission fee.

Aquacise

A less strenuous aerobic workout class that includes stretching, posture, breathing and more! Participate according to your own ability and condition. All exercises are done in the shallow end of the pool.

At Lions and Franklin. M–TH 10–10:55 am

Fee: \$6/\$5.50 resident discount (drop in) \$40/\$32 resident discount (10-punch card)

Hydrofit

Use specially designed equipment to exercise with all your joints and muscles submerged—eliminating the harmful effects of impact. Through buoyancy and resistance, Hydrofit tones, strengthens, builds endurance and increases flexibility. Participants need to be comfortable in deep water.

At Lions Pool. M–TH 6–6:55 pm

Fee: \$6/\$5.50 resident discount (drop in) \$40/\$32 resident discount (10-punch card)

Aqua Zumba

Known as the Zumba "pool party", Aqua Zumba gives new meaning to an invigorating workout. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and exhilarating beyond belief.

At Franklin Pool. 6/20–8/24

W/F 10–11:00 am

At Lions Pool. 6/5–8/2

T/Th 6–7:00 pm

Fee: \$60/\$55 resident discount for unlimited pass (*good for 30 days from issue*) \$50/\$45 resident discount (10-punch card) (*good for 60 days from issue*) \$6/\$5.50 resident discount (drop in)

Passes and punch cards can be purchased at Yakima Parks and Recreation office.



2012 Get Active!

Kiddin' Around!

A summer activity program for KIDS! Earn points for prizes by joining in group events or on your own—biking, walking, bird watching, taking photos or golfing.

Group Events

June 2	Gap2Gap	July 14	Police Athletic League Sports Clinic
June 8	Zumbatonic	July 21	Yakima Bears Baseball Clinic
June 9	Yakima Mavericks Football & Dance Camp	July 21	Splashin' Around in the Upper Valley—Naches Pool
June 9	Fitness for Kids Marathon	July 28	Yaki HA HA Yoga
June 22	Tumblin' Around	Aug. 4	Goin' For a Bird Hunt
June 23	Boulder Cave Excursion	Aug. 4	Zumbatonic
June 30	Photo Scavenger Hunt	Aug. 11	Geocaching at the Greenway
July 14	Splashin' Around	Aug. 25-26	Hot Shots 3-on-3 Basketball Tourney

For information, call the Greenway Office at 453-8280.



Waterpark Get-away

Boys/Girls 8–16

It's summer, it's hot and the kids are on vacation! Sign them up with the Parks & Recreation group as we go out for a day of swimming at Moses Lake Aquatic Center and SlideWaters in Chelan! Space is extremely limited, so have them gather their friends and sign up now!

Fee: \$48/\$42 resident discount

Tues./Thurs. 8 a.m.–6 p.m.

June 26/28 SY5246A

July 17/19 SY5247A

August 7/9 SY5248A

Trek 'n Travel Trolley

Boys and girls, 8–12 years old

It's summer! Don't let your child sit around all day long! Sign them up for all-day adventures around Washington! They'll have fun hiking, swimming, exploring interesting places and learning too! Space is extremely limited—register now.

Fee: \$137/\$115 resident discount

Mon.–Fri., 8 a.m.–6 p.m.

July 9–13 SY5209A

August 13–17 SY5210A

Free Summer Day Camp

at Franklin Park, S. 21st Ave and Tieton

Parks and Recreation staff will provide children with a safe place to play, while promoting opportunities for children to grow, learn new skills, and foster relationships with caring adults. Trained staff provide engaging curriculum, quality care and an active daily schedule including swimming, recreational games and amazing arts and crafts.

Mon.–Fri., 9 a.m.—4 p.m.

June 18th–Aug 17th (No camp on July 4th)

Space is limited to the first 100 kids.

Call 575-6020 for more information.



Hit the streets of downtown Yakima for the 9th Annual Hot Shots 3-on-3 Tournament on August 25 & 26.

Brackets are available for players of all age and ability levels, beginning with first graders through adult. Bring your game to the streets of Yakima and prove that you have what it takes to become a Hot Shots Champion. Please note that you register for the grade that the participant will be in for the upcoming school year (2012/2013).

Registration Deadline is August 1.

Fee: Youth Teams (1st–8th Grade) \$100.00
Adult Teams (9th Grade and up) \$120.00

1st Grade	Boys	SY5211B
	Girls	SY5211A
2nd Grade	Boys	SY5212B
	Girls	SY5212A
3rd Grade	Boys	SY5213B
	Girls	SY5213A
4th Grade	Boys	SY5214B
	Girls	SY5214A
5th Grade	Boys	SY5215B
	Girls	SY5215A
6th Grade	Boys	SY5216B
	Girls	SY5216A
7th Grade	Boys	SY5217B
	Girls	SY5217A
8th Grade	Boys	SY5218B
	Girls	SY5218A
9th Grade	Boys	SY5219B
	Girls	SY5219A
10th Grade	Boys	SY5220B
	Girls	SY5220A
11th Grade	Boys	SY5221B
	Girls	SY5221A
12th Grade	Boys	SY5222B
	Girls	SY5222A
High School Coed		SY5223A
Adult Coed		SY5224A
Women's Open		SY5225A
Men's Open		SY5226A
Men's 6' & Under		SY5227A
Men's Masters (45 & O)		SY5228A
Family		SY5229A



**Yakima Community
Tennis Association**

The Yakima Parks and Recreation Department and the Yakima Community Tennis Association bring these tennis lessons to you collectively. The Yakima Community Tennis Association is a non-profit organization whose mission is to provide quality tennis experiences for both the recreation and competitive player at a low cost. If you would like more information on how to join the Yakima Community Tennis Association please visit their web page at www.ycta.info

Tennis-In-No-Time in collaboration with the Yakima Tennis Club will create a tennis player out of anyone in a short period of time. Starting from the basics we will teach you everything from grips to how to hit a forehand, backhand, serve, volleys, and keeping score. Lessons over-seen by Director of Tennis, Stephen Welt, and Head Pro, Trevor McKibbin. At Yakima Tennis Club indoor facilities.

M/W 6:30–8:00 p.m.
Session 1 June 18–27
Session 2 July 9–18
Session 3 July 23–Aug. 1
Session 4 Aug. 6–15
Fee: \$45/\$40 resident discount



Tennis Lessons

Tennis 1

General introduction to tennis, basic grips, strokes and court etiquette. Suited for those brand new to the game or those who wish to be reintroduced to singles and doubles play.

Tennis 2

Well suited for the “advanced-beginner” who has some experience playing tennis, but needs review of stroke production along with an introduction to singles and doubles play.

Tennis 3

Best fits those who have a solid understanding of stroke production and who have some experience playing singles and doubles. This class will further develop skills and introduce more advanced strategy.

Tennis 4

This class will provide a challenging atmosphere for “advanced-intermediate” and “advanced” players. Strategy, positioning, and match play will be stressed.

Session Dates:

Session I June 18–29
Session II July 9–20
Session III July 23–August 3
Session IV August 6–17
Fee: \$45/\$40 resident discount

	Session I	Session II	Session III	Session IV
Morning Lessons	Monday/Wednesday/Friday			
9–9:55 a.m.	Tennis 1 Youth SY5231A	Tennis 1 & 2 Youth SY5233A	Tennis 1 & 2 Youth SY5235A	Tennis 2 & 3 Youth SY5237A
10–10:55 a.m.	Tennis 1 Teen SY5232A	Tennis 1 & 2 Teen SY5234A	Tennis 2 & 3 Teen SY5236A	Tennis 3 & 4 Teen SY5238A
Tennis In No Time	Monday/Wednesday			
6:30–8 p.m.	Tennis 1 Youth/Adult SY5239A	Tennis 1 Youth/Adult SY5240A	Tennis 2 Youth/Adult SY5241A	Tennis 3 Youth/Adult SY5242A



YOUTH SOCCER

Skyhawks Sports Camps

Since 1979, Skyhawks Sports has offered countless ways for 3-12 year olds to play through safe, fun and skill-focused camps. Our coaching staff are trained to meet the specific needs of children.

Mini-Hawk (Ages 4-6)

Young athletes are introduced to a variety of sports in one camp. Sport sampling allows them to learn, have fun and begin to formulate their passion for a particular sport.

Designed to motivate children to lead a healthy active lifestyle, they learn the fundamental skill sets needed to succeed and grow in any sport they choose.

Franklin Park Fee: \$105
July 18-22 9 a.m.-Noon

Tiny Hawk (Ages 3-4)

The essentials of sports are introduced in a fun and safe environment, with lots of encouragement. To participate, campers must be between 3-4 years of age and toilet-trained. Children learn balance, body movement, hand/eye coordination and skill development through a series of sport-specific games tailored to their attention spans.

Franklin Park Fee: \$45
July 18-22 8-9:00 a.m.

Multi-Sport (Ages 7-12)

Multi-sport camps allow young children to explore soccer, baseball, and basketball in a day-program setting—no pressure. These young athletes participate in all three sports through unique Skyhawks games. Our coaching staff are committed to helping them start off on the right foot as they venture into athletics.

Franklin Park Fee: \$125
July 25-29 9:00 a.m.-3:00 p.m.

To register for any of the above mentioned camps, please go to skyhawks.com

YPR & SunCity Strikers Soccer Camp

Boys/Girls 1st-8th grade

Yakima Parks and Recreation will be teaming up with the Sun City Strikers Soccer Club and will offer a 3 day summer soccer camp. The goal of YPR and Sun City Strikers is to provide a high quality soccer coaching program to the youth of our community. We are dedicated to teaching the fundamental skills and advanced technical and tactical play necessary to enhance each player's game. It will be a 3 day camp. Water and snack provided.

Location: TBD

T/W/Th July 31-Aug. 2 6-7:30 p.m.

Fee: \$36/\$30 resident discount
SY5243A

Tiny Tykes Soccer

Boys and girls, 4-5 years old

Kids will learn the basics of passing, dribbling and shooting. The importance of teamwork and good sportsmanship is also a strong part of this learning experience. Participants receive a T-shirt.

Gilbert Elementary School

M,W July 9-18 6-7:00 p.m.

Fee: \$34/\$28 resident discount
SY5230A

Itty Bitty Soccer League

Boys/Girls, 3-4 years old

Have a little one wanting to give sports a try?

This class is perfect! Kids will enjoy being introduced to the fundamentals of dribbling, passing, and shooting all while doing various activities (Parents encouraged to participate!). This class provides them with a fun and exciting environment in which they can experience sports for the first time. They will also learn about teamwork and gain valuable social skills all while making new friends and playing in their first games! Fee includes a t-shirt and ball.

Location: TBD

SY5244A Th June 28-July 19 6-6:45 p.m.

SY5249A T Sept. 4-25 6-6:45 p.m.
Fee: \$48/\$40 resident discount

Pee Wee Soccer League

Boys/Girls 5-6 years old

Dribble...Shoot...Score!!! Kids will learn the fundamentals to dribbling, passing and shooting. This program is designed to teach and improve basic soccer skills, provide a positive experience, and encourage sportsmanship in youth all in non-competitive games. Fee includes a t-shirt and ball.

Location: TBD

SY5245A Th August 1-23 6-7:15 p.m.

SY5250A Th Sept. 6-27 6-7:15 p.m.
Fee: \$48/\$40



Soccer

Adult 5v5 Soccer

YPR cordially invites soccer enthusiasts to participate in our 5v5 outdoor soccer summer league. Round up a handful of friends and come play the game you love on a smaller scale. Season is 8 games, each with 25-minute halves and a 5-minute half time. A small play-off tournament between the top 8 teams at the end of the season determines the champion. So come out, enjoy the sun, and have a kick of a time! All players must have a YPR player's card in order to play. All games played at Chesterly Park.

12-player max per roster!

Begins June 17!

Fee: \$275/per team

Divisions:	Men's Open	SA5228A
	Women's Open	SA5229A
	Coed Open	SA5230A



Summer Softball Tournaments

ASA Gateway Heat Series	Aug. 4–5
\$200	4GG Men SA5215A
	Women SA5215B

ASA Late Gateway Blast	Aug. 18–19
\$200	4GG Men SA5216A

Great Pumpkin	Oct. 13–14
\$200	4GG Coed SA5217A

Softball League Offerings

Sunday Night Coed

July 15–Aug. 19 (ten games)

Coed – six weeks

Registration: June 25–July 6

Third Season

July 16–Aug. 24 (ten games)

Men/Women – six weeks

Registration: June 25–July 6

Fourth Season

Aug. 27–Oct. 19 (ten games)

Men/Coed – six weeks

Registration: August 6–17

Season Fee: \$550 each ten-game season

Fall Volleyball League

This co-ed league starts in September and runs until November. Now is the time to get your co-workers or friends together to form a team. This is a great way to build camaraderie while also reaping the benefits of some physical fitness. Registration information will be available in August.

Fitness Boot Camps

Get in Shape, Lose Weight, and Have Fun Doing It!

Each hour of boot camp varies, but will incorporate core conditioning, flexibility, agility drills, abdominal toning, cardiovascular exercises, interval training, circuit training, and strength training with emphasis on Core, Upper and Lower body, flexibility, endurance and speed. Classes will include group and team-oriented activities.

You don't have to be in shape.

Start training at your level and move up as you get faster and stronger. The program is designed to be suitable for everyone.

Achieve Health & Fitness has moved into a new 7,000 S.F. facility that now includes a full gym, with cardio and strength training equipment, juice bar, Wi Fi, locker rooms and much more. All classes will be held at our new facility located in Lincoln Square at 21st and Lincoln avenues.

Achieve Health & fitness offers a wide variety of boot camps from the beginner to the advanced boot camp. Please visit achievefitnessyakima.com for a schedule of all the Boot Camp classes.

Fee: Boot Camp Only Punch Card
\$65/\$60 resident discount (12 classes)

SA5227A





823 South 40th Avenue • 575-6075
(across from Eisenhower High School)

Open March-October *(depending on weather)*

Par 3, 9 Hole Course	• Rentals
Convenient location	• Senior rates
Park-like setting	• Concessions
Resale equipment	• Friendly service
Early Bird Specials	• Affordable play

Tee-Off Times

- No need to call for tee times
- First come, first served
- Typical hours 7:00 a.m.–dusk
- Early and late season will vary depending on light and weather

Daily Green Fees

Adults, 9 holes	\$ 9.25
Adults, second 9	\$ 5.50
Youth, 4-8 years old, 9 holes	\$ 4.75
Juniors/Seniors, 9 holes	\$ 8.25
Juniors/Seniors, 2nd nine	\$ 4.50
Family 1 (2 adults, 2 juniors)	\$ 26.00
Family 2 (2 adults, 1 junior)	\$ 21.00
Trail Pass	\$ 2.00

20-Round Pass

Adults	\$148.00
Juniors/Seniors	\$130.00

Monthly Pass

(No weekend play. No tee-off after 4:00 p.m.)

Adults	\$126.00
Juniors/Seniors	\$110.00

Daily Specials

Ladies' Day Tuesday	\$ 7.00
Men's Day Thursday	\$ 7.00



Golf Lessons

PEE WEE Golf Lessons

4–5 years old

Let your preschooler get a first taste of the game of golf. Our instructor will use fun games and activities to teach the basics. The class will emphasize participation, safety, fundamentals and FUN—strictly an introduction to the game.

Fee: \$29/\$24 resident discount

FG5211A	Tu	6/12-6/26	9:30–10:00 a.m.
FG5211B	W	6/13-6/27	9:30–10:00 a.m.
FG5211C	Tu	7/10-7/24	9:30–10:00 a.m.
FG5211D	W	7/11-7/25	9:30–10:00 a.m.
FG5211E	Tu	8/7-8/21	9:30–10:00 a.m.
FG5211F	W	8/8-8/22	9:30–10:00 a.m.

Junior Golf Lessons

Let our instructors help you develop a life-long game with proper etiquette, swings, stance and confidence. We offer small classes so each participant can have more individual attention.

Fee: \$58/\$47 Resident Discount

Junior Chippers, 7-12 years old

FG5212A	T/TH	6/19-6/28	10:15–11:15 a.m.
FG5212B	T/TH	7/10-7/19	10:15–11:15 a.m.
FG5212C	T/TH	7/24-8/2	10:15–11:15 a.m.
FG5212D	T/TH	8/7-8/16	10:15–11:15 a.m.
FG5212E	T/TH	8/21-8/30	10:15–11:15 a.m.

Power Drivers, 13–16 years old

FG5213A	T/TH	6/19-6/28	9:00–10:00 a.m.
FG5213B	T/TH	7/10-7/19	9:00–10:00 a.m.
FG5213C	T/TH	7/24-8/2	9:00–10:00 a.m.
FG5213D	T/TH	8/7-8/16	9:00–10:00 a.m.
FG5213E	T/TH	8/21-8/30	9:00–10:00 a.m.

Junior League

Grab your clubs, bring a friend and play in this golf league that is just for juniors. Keep score and special prizes will be given out throughout the league. Improve your game and have fun while doing it! Play 9 holes each day.

Fee: \$8 per person, per day

8-12 yrs old	T	6/19–8/21	2–4:00 p.m.
13-16 yrs old	T	6/19–8/22	1:30–3:30 p.m.

Women's Only Golf Lessons

16 years and older

Designed to provide a comfortable, non-intimidating learning environment for beginners and slightly more experience women golfers. Pam Foster, our instructor, will give special attention on addressing the ball correctly and produce the most efficient swing.

Fee: \$70/\$58 Resident Discount

Beginners

FG5214A	T/TH	6/19-6/28	11:30–1:00 p.m.
FG5214B	T/TH	7/10-7/19	11:30–1:00 p.m.
FG5214C	T/TH	7/24-8/2	4:15–5:45 p.m.
FG5214D	T/TH	8/7-8/16	6:00–7:30 p.m.
FG5214E	T/TH	8/21-8/30	4:15–5:45 p.m.

Adult Beginning Golf Lessons

16 years and older

Develop a new recreational activity, improve existing skills or get help with your game. Our instructor will help you develop proper stance, swing, putts, chips and tee shots. We offer small classes with emphasis on one-on-one instruction.

Fee: \$70/\$58 Resident Discount

FG5215A	T/TH	6/19-6/28	4:15–5:45 p.m.
FG5215B	T/TH	6/19-6/28	6:00–7:30 p.m.
FG5215C	T/TH	7/10-7/19	4:15–5:45 p.m.
FG5215D	T/TH	7/24-8/2	4:15–5:45 p.m.
FG5215E	T/TH	7/24-8/2	6:00–7:30 p.m.
FG5215F	T/TH	8/7-8/16	4:15–5:45 p.m.
FG5215G	T/TH	8/7-8/16	6:00–7:30 p.m.
FG5215H	T/TH	8/21-8/30	4:15–5:45 p.m.
FG5215I	T/TH	8/21-8/30	6:00–7:30 p.m.

Short Game Review Clinic

Fee: \$23/\$20 Resident Discount

FG5216A	Sa	June 23	9–10:00 a.m.
----------------	----	---------	--------------

Long Game Review Clinic

Fee: \$23/\$20 Resident Discount

FG5217A	Su	June 24	9–10:00 a.m.
----------------	----	---------	--------------



Golf Tournaments

KXDD-Fisher Park

Family Golf Tournament

A great opportunity for your family to come out to our beautiful golf course and enjoy the game of golf. You can register as an individual or as a twosome in this Best Ball tournament. Prizes will be given out during the tournament and every participant walks away with a goody bag, provided by our sponsors.

Fee: \$12.50 Individual \$25.00 Two-some

FG5218A Sunday June 24 1:00 p.m.

Parent/child (14 and under)

9-Hole Scramble

Fee: \$15 each

FG5219A Saturday July 7 1:00 p.m.

FG5219B Sunday Aug. 12 1:00 p.m.

9-Hole Scramble

Lowest overall score wins. This tournament is limited to 36 golfers—don't miss out on competing against the best that golf at Fisher Park Golf Course.

Fee: \$15 each

FG5220A Sunday Aug. 19 1:00 p.m.

Couples 9-Hole Scramble

Fee: \$15 each

FG5221A Saturday July 21 6:00 p.m.

5th Annual Three-Club Tournament

9 Holes. Bring a putter and two other clubs.

Fee: \$15 each

FG5222A Sunday Sept. 9 1:00 p.m.

18-Hole Best Ball Twosome

Two players on a team. Both players play their own ball, but only the lowest score on each hole is counted toward the team's best ball score for the round. Team with lowest best ball score wins.

Fee: \$20 each

FG5223A Saturday Oct. 6 1:00 p.m.

Special Events

Friday Night Glow Ball Outings

Play 9 holes of golf in the dark—using only your glow ball, glow sticks to mark the fairways and holes, and glow in the dark necklaces for all participants. Spend a great evening under the stars with your family, friends and neighbors. Greens fee, one glow ball and glow stick, glow in the dark necklace and light snacks are all included.

Registration deadline: one week prior to event.

Fee: \$25 each

FG5224A Friday July 6 8:00 p.m.

FG5224B Friday Aug. 3 8:00 p.m.

Father's Day Special

On Father's Day, June 17, dads golf free with a paying customer.

Women's Golf Month (June)

June is national Women's Golf Month—women can golf 9 holes for the whole month of June for only \$7.00.

Family Golf Month (July)

July is Family Golf Month—encouraging more families to golf together. Fisher is offering 9 holes of free golf on the weekends for all kids (17 and under) who are accompanied by their Mom or Dad.

Take Your Daughter to the Course Week (July 7–14)

Share your favorite sport with your favorite girl during Take Your Daughter to the Course Week. Free green fees for young ladies accompanied by a paying adult.



The First Tee of Yakima's 2012 Summer Program Schedule and Participant Registration Form are now available!

Visit area golf pro shops, our website—thefirstteeyakima.org—or call 949-6349.

This golf-based, youth character-development program is open to all Yakima youth age 5–17. 1 ¾ hour classes will be conducted once per week for 10 weeks beginning the week of June 13. Classes are limited to 16 participants per session and divided by age groups and conducted at several locations: Fisher Park GC, Suntides GC, Cherry Hills GC (Granger), and several Yakima city parks. There is a \$50 program registration fee. Full-fee waiver scholarships are available to anyone who asks, thanks to generous donations and grants by area businesses, service clubs, and individuals. No equipment or uniforms are required—The First Tee of Yakima has ample supplies of golf equipment for participants to use during the sessions.

Program Director & PGA Professional, Del Rankin, will conduct these classes with the help of local volunteers.

For more information on volunteering, visit thefirstteeyakima.org or call Del Rankin at 949-6349.

Harman Center at Gailleon Park

101 North 65th Avenue • Yakima, WA 98908 (509) 575-6166

Monday–Friday 8 a.m.–4 p.m.
Tuesday & Thursday Evenings 7–10 p.m.
Saturdays 9 a.m.–3:30 p.m.



Newsletter

The Harman Center publishes a quarterly newsletter that lists many of the activities and special events for the upcoming months. The cost is \$12 a year. Please call the Center to subscribe.

Saturday Breakfasts

Come have breakfast at Harman Center every Saturday of the month. Open to everyone, breakfast is served from 8-9:30 a.m. Reservations are required. Simply call the Harman Center by 1:00 p.m. Friday to make your reservation. The cost is just \$4 per person, payable at the door. Menus vary weekly, but may include: eggs cooked to order with sausage, bacon, or biscuits and gravy; or French toast, pancakes or quiche.

Harman Center Rental

Did you know that the Harman Center is available for rental? Hold your next wedding, reception, reunion or special event at the Harman Center. Rental includes banquet seating for 225, kitchen, and hardwood dance floor—all in comfortable elegance. Request the rental information packet at the office.

The City of Yakima welcomes all persons 55 years of ages and older to participate in a wealth of recreational and social activities at the Harman Center.

The Harman Center offers workshops, seminars, educational classes and many special events, many of which are not listed. Please call the Harman Center at 575-6166 for complete information about any of our classes, services or trips.

Volunteer Opportunities

The Harman Center is in need of many volunteers to perform various jobs at the Center—including kitchen help, coffee bar, and greeters. Most shifts are 3-4 hours Monday–Saturday. We are currently in need of volunteers for our kitchen. If interested, please contact Volunteer Coordinator, Jane Davis, at 575-6230.

Dancing

Join us at 8:00 pm on the 2nd Friday of each month for our 'Boomer Dances'. Yakima's Lou Bartelli spins easy listening favorites from the 60's and 70's. On the 4th Friday of each month attend our "Community Dance". Cost is \$5.00 per person, payable at the door.

Trips and Tour Program

The Center has an extensive trip and tours program—we offer day trips and extended trips which can last up to two weeks or more. The trips include sights, plays, ballgames and educational adventures. We have a payment plan and accept credit cards for all our trips. Please stop by the Center to get our new 2012 Trips and Tours booklet or call Irene at 576-6405.

Loan Closet

The Harman Center has canes, walkers, and wheelchairs that are available for temporary loan.



New Upcoming Events

Strawberry Social

Tuesday, June 5 1–3:00 p.m.
Tickets: \$5 each

Senior Night at the Yakima Bears

Date and time to be determined.
Call 575-6230 for more information.

Tri-Tip Dinner

Tuesday, August 14 5:30–7:00 p.m.
Tickets: \$12 each



Coffee Bar

Stop by the Harman Center and visit our coffee bar. Enjoy great coffee and good company.

Harman Center Computer Room

The Harman Center has a great computer room where we teach a wide variety of classes from a basic introduction class to advanced classes in digital photography. Classes include Excel, the Internet, and Power Point. Classes are limited to small numbers to provide more personal attention.



	Picnic Tables	Picnic Grills	Picnic Shelter	Playground Equipment	Ballfields	Soccer Fields	Volleyball Courts	Basketball/Multipurpose Courts	Tennis Courts	Horseshoe Pits	Outdoor Swimming Pool	Indoor Swimming Pool	Water Playground	Nature Trail/Walking Path	Duck Pond	9-Hole/Par 3 Golf Course	Skate Park	Labyrinth	Senior Citizen Center	Restrooms
1. Chesterley Park, N. 40th Ave. and River Rd.	•	•	•	•		•											•			•
2. Elks Memorial Park, N. 6th Ave. and Hathaway	•	•	•	•	•					•										•
3. Fisher Golf Course, S. 40th Ave. and Arlington																•				•
4. Franklin Park, S. 21st Ave. and Tieton	•	•	•	•					6		•									•
5. Gaillean Park, N. 65th Ave. and Summitview																		•		•
6. Gardner Park, Pierce and Cornell	•	•		•	•		•													•
7. Gilbert Park, N. 50th Ave. and Lincoln	•																	•		•
8. Kissel Park, S. 32nd Ave. and Mead	•		•	•				•	12					•						•
9. Kiwanis Park, Fair Ave. and E. Maple	•	•	•	•	•		•	•							•		•			•
10. Larson Park, S. 16th and Arlington	•	•	•	•																
11. Lions Park, S. 5th Ave. and Pine	•	•		•				•	6			•								•
12. Martin Luther King Park, S. 8th St. and E. Beech	•	•		•				•	2				•							
13. McGuinness Park, 1407 Swan Ave.	•	•	•	•				•												
14. Miller Park, N. 4th St. and E. "E" St.	•	•		•				•					•							•
15. Milroy Park, N. 16th Ave. and Lincoln	•	•		•			•			•										•
16. Powerhouse Canal Pathway														•						
17. Randall Park, 48th Ave. south of Nob Hill	•	•	•	•			•	•						•	•					•
18. Raymond Park, S. 1st Ave. and Arlington	•	•		•																
19. S. E. Community Park, S. 8th St. and Arlington	•	•		•			•													•
20. Summitview Park, 11th Ave. and Summitview	•	•																		
21. West Valley Community Park, 75th Ave. S of Zier Rd.	•	•	•	•		•	•		2	•										•

Yakima City Parks

Hours: 6 am-10 pm

City Ordinance 13.16 of the Municipal Code provides guidelines for proper and safe use of your City parks. When visiting the parks, please keep the following in mind to help make your recreation and park use and that of others more enjoyable:

- Please leave these items at home: **alcoholic beverages** and **unleashed pets**.
- Enjoy your golf equipment but take it to Fisher Golf Course. Fisher is the only City park property where the use of golf equipment is authorized.
- Please confine your fires to the barbecue grills and your litter to the proper containers, both of which are located throughout the system.
- Leave your motorized vehicles in designated parking areas. In other words, don't drive or park on the grass.
- Be sure to pick up after your pets.
- NO loitering or soliciting.
- NO damaging or defacing park property.

Leaf-A-Legacy

Help the Yakima Parks and Recreation Division to continue providing park and recreation programs, facilities and services to our community. Our NEW "Leaf-A-Legacy" program allows individuals, groups and organizations to help fund the purchase of trees, shrubs and perennials for your parks. Donations can be made to the Yakima Parks and Recreation Division specifically for this purpose—have trees planted in memory of a loved one, purchase perennials for a designated park, etc. **Please consider the Parks and Recreation Division in your 2011 donations.** **Call Ken Wilkinson at 509-576-6416 for more information.**

Program Staff

Manager Ken Wilkinson

Park Operations Randy Murphy

Recreation Tami Andringa
Becky Baker
Bill Wells
Kim Lopez
Juan Arias

Aquatics Traci Bennett
Jason Zeller

Fisher Golf Course Tami Andringa
Jim Herreid

Harman Center Traci Bennett
Ron Anderson
Janice Arens

Tahoma Cemetery Terri McMillin

Yakima Parks and Recreation Commission

Rod Bryant, Mike Nixon
Chairman Bob Busse
Tom Hinman Sam Karr
Maureen Adkison, Alec Regimbal
City Council Liason Tim Pettingill
Paul Williams Jo Miles

The public is invited to attend Yakima Parks and Recreation Commission meetings. Meetings are held on the second Wednesday of each month at 5:30 p.m. in the City Council Chambers, 129 N. 2nd Street.

Ask Parks

Have a question about your city parks or one of the many programs listed in this Guide? You can contact Yakima Parks and Recreation by e-mail: askparks@ci.yakima.wa.us.

The MISSION of the Yakima Parks and Recreation Division is to provide and promote community leisure, recreation and cultural opportunities for all citizens of Yakima. This is accomplished through a professional staff who provide recreation programs and activities and maintain facilities to standards that make them aesthetic and desirable for use. Through our services, we strive to enhance personal well-being and to improve the quality of life that makes Yakima a great place to live, work and play.

How to Read the Activity Descriptions

Title: Sample Program Title

Age: The recommended participant age follows the title.

Description: Program description starts here. Sample Program Title is not a real program. Please do not call Parks & Recreation to ask to register for the Sample Program. There is no such program.

Location: Program location

Activity Number: SY2225A Day Date Time a.m./p.m.

Fee: Fee: \$2*/\$1** resident discount

* The first price is the cost for people who live outside the city limits of Yakima.

** The resident discount applies to people who live in the city limits of Yakima.

Refund Policy

Yakima Parks and Recreation reserves the right to cancel, reschedule or combine activities as needed.

- If Parks and Recreation cancels an activity, participants will be notified by phone and a full refund will automatically be issued.
- If a Participant requests a refund, the request must be made at least three days before the activity date and include the registration receipt. Refunds, minus a \$5 processing fee, are issued from the City Treasurer's Office within 30 days. No refund of less than \$5 will be made.
- Refunds for Visa and MasterCard transactions will be credited to the same card used in the original transaction.

Resident discount: Because people living within Yakima's city limits support parks and recreation services through their city taxes, the City offers its residents a discount on selected recreational programs. People living outside the city limits are encouraged to enjoy these activities and services.

Registration Deadline: two days prior to class or activity unless otherwise specified. Each activity has a minimum enrollment and is subject to cancellation if that enrollment is not met. Please register early.



Registration

SUMMER 2012

Name _____ Phone/Evening _____ Day _____

Mailing Address _____ City/State _____

E-mail _____ Zip _____

Participant Name	Activity Number	Activity Name	Fee
			\$
			\$
			\$
			\$
Need more room? Use an extra sheet of paper.	PA-SCH	Donation to Scholarship Fund	\$

Phone In **575-6020**

Fax It **576-6711**

Mail In

Checks payable to City of Yakima

Walk In **Open M–F, 8 a.m.–5 p.m.**

Senior Programs **575-6166**

Harman Center 101 N. 65th Ave.

Aquatics Programs

Lions Pool **575-6046**

509 W. Pine St. • Yakima

Franklin Pool **575-6035**

2102 Tieton Drive • Yakima

Are there any special considerations/accommodations to make your participation in these programs more successful?

Payment Method:

☐ Cash

☐ Check payable to City of Yakima

☐ VISA

☐ MasterCard

Card number _____

Expiration Date _____

V-Code _____

(The last three digits on the back of your credit card)

Signature _____

Liability Release: I waive all rights and release all claims that might be held against the City of Yakima Parks and Recreation Division, its hired or contracted instructors or volunteers, and their employees and agents for any and all injuries or losses which may be suffered because of my participation or my child(ren)'s participation in the herein mentioned activity offered by the City of Yakima Parks and Recreation Division. I will let you know if there are any special considerations or accommodations that would help ensure my successful participation in these activities.

Signature-Participant (18 years or older) or Parent _____

Date _____

Yakima Parks and Recreation
Phone 575-6020 • Fax 576-6711

2301 Fruitvale Blvd. • Yakima, WA 98902
Hours: M–F, 8 a.m.–5 p.m. *Closed Holidays*



There's nothing better than watching a good movie with family and friends outside under the stars—for FREE! Come join Yakima Parks and Recreation and Allied Arts for the fourth annual Outdoor Summer Cinema Series. Watch almost new releases and time-tested favorites and get away from it all in one of our beautiful city parks. Sit up close on blankets or further back on lawn chairs.

Bring the whole family. Just come and enjoy.

Movies begin at sunset
(about 8:30 p.m.)

Gilbert Park (Sunday's)

- July 15..... Puss in Boots** (PG)
- July 22..... Dolphin Tale** (PG)
- July 29..... Hugo** (PG)
- August 5..... Jack and Jill** (PG)
- August 12..... Twilight—Breaking Dawn**
(PG-13)

Please help us fight hunger in the Yakima Valley by bringing a non-perishable food item as a donation to Northwest Harvest.

Thank you to our sponsors:

- Senske Lawn & Tree Care
- Yakima Regional Medical and Cardiac Center
- Elliott Insurance Service

Franklin Park Summer Sunset Concert Series

Thursday evenings • 6:30–8:30 p.m.

Bring your picnic dinner and a blanket or lawn chair. Come relax and listen to great music in a beautiful park. The Allied Arts Van will have special hands-on art projects for you to try. Please help us fight hunger in the Yakima Valley by bringing a non-perishable food item as a donation to Northwest Harvest.

- July 12** Not Amy
Indie Folk
- July 19** Wayman Chapman
Contemporary & Classics
- July 26** Yogoman Burning Band
Reggae/Soul
- August 2** Little Big Band
Classic Rock & Country
- August 9** Tuck Foster & The Mossrites
Blues
- August 16** Alice Stuart & The Formerly's
Folk Blues Legend

Cooperatively brought to you by KXDD 104.1, BOB 105.7, OLDIES 100.9, Yakima Folklife Association, Dan Craig Precision Optical, Yakima Allied Arts, Yakima Valley Museum.

Yakima Valley Community Band Concerts

Wednesday evenings
7–8:00 p.m.

July 4 – August 8

Live at Randall Park — FREE!

Stargazing At Randall Park—FREE

Yakima Astronomical Society and Yakima Parks and Recreation are holding free public stargazing nights at Randall Park this summer. Join us for a look through our telescopes. Friday nights. Dates & times TBD.

Yakima Horseshoe club

Horseshoes? Bring your own if you have them. If you don't, we have a few extras. Men and women of all ages welcome! No experience necessary. State Doubles champs are on hand to give tips and lessons.

Currently meeting Wednesdays, 12–3 p.m. and on Thursdays, 5–8 p.m.
Leagues start first week of June

See us on FaceBook—search Yakima Horseshoes.

For more information, contact Lee Zalensy at 966-3316 or Rob Tyrrell at 901-0245.

